



INTAKE FORM

|  |   |              |
|--|---|--------------|
| Date   | Last Name   | First Name   |
| Address  |   |              |
| City   | State   | Zip          |
| Email Address  |   |              |
| *Home Phone  | Cell Phone  | Work Phone   |
| Preferred gender   |   | DOB          |
| Is it acceptable to contact you at home?<br>Y / N                                    | If "no" then how can I contact you?   |              |
| Are you currently under medical care?<br>Y / N                                       | If "yes" then please explain/describe.  |              |
| Name of Personal Physician   |   | Phone Number |
| Are you currently taking prescribed medications?<br>Y / N                            | List any psychiatric/mental health medications you have taken.  |              |
| Have you been under the care of a psychiatrist, psychologist, or counselor?<br>Y / N | If "yes" please give the name, date, and location of the therapy and briefly explain the nature of the problem that required attention. |              |

Please circle any of the following struggles that pertain to you:

- |                 |                   |                    |                   |
|-----------------|-------------------|--------------------|-------------------|
| Anxiety         | Depression        | Fears/Phobias      | Eating Disorders  |
| Sexual Problems | Suicidal Thoughts | Separation/Divorce | Relationships     |
| Finances        | Drug/Alcohol Use  | Career Choices     | Anger             |
| Self-Control    | Unhappiness       | Insomnia           | Religious Matters |
| Work/Stress     | Health Problems   | Cutting/Self-harm  | Thought Patterns  |